

Breakaway recognises that hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

All members should be familiar with the club's code of practise available on our website. www.st-andrews.ac.uk/~breakawa. As a safety policy of the club anyone on any Breakaway walk must adhere to the following equipment rules-

- 1) Footwear must be proper waterproof boots with appropriate ankle support. This does not include Doc Martin boots and trainers for sport or hill walking.
- 2) No jeans to be worn on walk.
- 3) All walkers must have a waterproof jacket.
- 4) Appropriate extra layers are required.
- 5) Food supplies (Lunch + snacks) are compulsory.

Anyone turning up for a walk who does not comply with the above will be turned away with no refund.