



University of
St Andrews

Occupational health

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Occupational Health Policy statement

The University of St-Andrews, Occupational Health Department is committed to satisfying and exceeding our staff's expectations by ensuring the consistent delivery of a quality service which meets all legal, regulatory and professional requirements.

We will provide a comprehensive and confidential range of services (outlined below) and offer evidence-based interventions in order to improve the health of all our staff including physical, emotional and psychological health and wellbeing.

Providing impartial assessment and advice to employees, managers and HR on appropriate measures to support all our staff in maintaining optimum health and wellbeing.

Range of Services

Management referrals

Self-referrals

Fitness to work assessments

Health Surveillance

Lifestyle assessments

Rehabilitation and return to work support

Mental wellbeing

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