



University of
St Andrews

UKAD clean sport

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Purpose	This document outlines the Saints Sport policy on clean sport specific to our performance, scholarship and supported athletes.

Version number	Purpose / changes	Document status	Author of changes, role and school / unit	Date
1.0	Creation of a Clean Sport Policy to align with our UKAD Higher Education Policy	Complete	Deputy Director of Sport	15/05/25

1. Introduction

- 1.1 UKAD (UK Anti-Doping) is the national body responsible for creating a UK-wide environment of confidence in clean sport. Saint Sport adopts their stance and supports their work, fighting for a fair platform for sport, at all levels.
- 1.2 The University of St Andrews Clean Sport leads are named and registered via UKAD and are listed on the Saints Sport webpage.
- 1.3 You can contact the leads regarding any queries or concerns regarding Clean Sport via email: cleansport@st-andrews.ac.uk or Office 8, Saints Sport, University Park. Alternatively, you can contact UKAD directly: ukad@ukad.org.uk.

2. Our Commitment

- 2.1 The University is dedicated to maintaining a clean sport environment for all athletes. It fully supports the stance of UK Anti-Doping ([UKAD](#)) and the World Anti-Doping Agency ([WADA](#)) that cheating, including doping, is fundamentally against the spirit of sport and diminishes the positive impact that sport has on our society. All sporting participants have the right to compete in clean sport and as such, we expect that:

- All University performance athletes, scholars and supported athletes play, train and compete in line with the spirit of sport, including [anti-doping rules](#).
- All coaches and athlete support personnel associated with the University [perform their role](#) in line with the spirit of sport.
- All employees (and associated staff e.g., external coaches, support practitioners) will be expected to [contact UK Anti Doping](#) should they become aware of an athlete or National Governing Body (NGB) member using or considering the usage of a prohibited substance or prohibited method. This contact should be done in confidence on the dedicated confidential [Report Doping in Sport line](#).
- All employees (and associated staff) will not condone, assist, or in any way support the use of prohibited substances and methods (unless permitted by [Therapeutic Use Exemption](#)) in any aspects of their work. Any breaches of this rule may result in formal action taken under the relevant staff/student procedure:
 - **Employees:** [Alcohol, Drug and Substance Misuse Policy](#) and [Disciplinary Procedure](#).
 - **Students:** [Code of Practice](#)

- 2.2 The University will uphold any sanctions imposed on an athlete by UK Anti-Doping or any related body in accordance with the World Anti-Doping Code. These sanctions align with University policies, particularly regarding behaviour that poses a risk of harm, namely:
 - Employees: [Safeguarding of children, vulnerable adults, prevention of radicalisation policy](#) and [Disciplinary procedure](#).
 - Students: [Student Conduct Policy](#)

If a student or employee is charged with a violation by UKAD, the University will follow its normal procedures, with any sanctions imposed by UKAD remaining separate from those enforced by the University.

3. Athlete Education

- 3.1 All athletes who wish to be part of either the University of St Andrews Saints Sport Scholarship, Supported Athlete Programme, or a member of one of the Performance Team Sports will be required to provide an up to date [Clean Sport+](#) by 31st October in the season in which they wish to compete. Athletes who have not completed the course by this date will be excluded from programmes and will receive no support from the University in either support services or scholarships.
- 3.2 All athletes must attend at least one Clean Sport workshop on a biennial basis, delivered by a qualified UKAD Educator or a UKAD National Trainer. Attendance will be monitored and shared with UKAD.
- 3.3 Any changes to UKAD or WADA rules will be shared with the relevant athletes.
- 3.4 Athletes will be directed to the best available online educational websites and substance checking databases.
- 3.5 All Performance coaching staff and athlete support personnel will encourage a 'food first' approach on the topic of supplementation. Athletes will be made aware that there are no guarantees any supplement product will be free of banned substances and educated to follow the 'Need, Risk, Consequence' framework when making decisions on supplementation.
- 3.6 All athletes will be provided with details for the designated University anti-doping leads and the relevant email address (cleansport@st-andrews.ac.uk) to field questions or concerns or can contact [UKAD directly](#).

4. Coach Education

- 4.1 All Directors of Sport and all support personnel working within the Performance / Scholarship programme will be required to provide an up-to-date pass certificate for the [UKAD Coach Clean Course](#) within 1 month of commencing employment and maintain its validity throughout their employment, as a condition of their ongoing work with athletes.
- 4.2 All employed Directors of Sport, and all members of athlete support personnel must attend at least one Clean Sport workshop on an annual basis, delivered by a qualified UKAD Educator or a UKAD National Trainer. Attendance will be monitored and shared with UKAD.

5. Version control

- 5.1 Saints Sport is committed to the regular review of this policy to ensure compliance with any future alterations and changes to anti-doping regulations and minimum educational standards.
- 5.2 Saints Sport commits to working with our colleagues and partners across the University of St Andrews to promote a clean sport environment and maintain our UKAD Accredited Institution status.

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