The Minor Injury Unit (MUI) offers treatment to adults and children who have suffered a minor injury.

We are open 24 hours a day.

You may attend without an appointment during the daytime hours of 0800 - 1800 Monday to Friday. Outwith these times and including public holidays you must call NHS24. Their number is in the yellow box. They will assess your condition and give you an appointment time.

All patients will be assessed and treated by a qualified nurse or general practitioner. Children under the age of 6 will be seen by a doctor where appropriate.

When should I visit the MIU?
Examples of minor injuries include:
- sprains and strains
- broken bones
- injuries to your arm
- injuries to your lower legs - from your knee to your foot
- cuts and grazes
- burns and scalds
- eye injuries
- minor head injuries
- insect and animal bites.

What can’t the MIU treat?
- major injuries
- stomach pains
- pregnancy related problems
- mental health problems
- chest pain
- breathing problems
- problems already being dealt with by your GP.

Your treatment
Usually we will treat you at the unit at the time of your visit. However, we may ask you to return at a later date for an x-ray or wound review. Our x-ray service is available 9am - 4.30pm Monday to Friday.

If your condition is more serious we will arrange for you to be transferred to the most appropriate A&E department.

We will send a copy of your notes to your GP so that your health records can be updated.

What you can expect from us?
At NHS Fife we continually aim to improve our service and invite feedback to help us do this.

You may feedback directly to the person giving your care or contact patient relations on 01592 643355.

What do we expect from you?
NHS Fife staff will treat everyone fairly and consistently with dignity and respect. In return, staff hope that you will treat them in the same way.
If you would like a copy of this leaflet in a different community language or alternative formats such as Braille, easy read or CD, please contact the equality & diversity lead by telephone on: 01383 565142 or by email at: fife-uhb.equalityanddiversity@nhs.net

Written by the staff of the Minor Injuries Unit, St Andrews Community Hospital and designed by Health Improvement Support Service, Health Promotion Fife. March 2011.