
FAQs answered by our Psychology & Neuroscience Students.

Disclaimer: The views and opinions expressed in this article are those of the authors and do not necessarily reflect the official policy or position of the School or University.

'Where is the nearest supermarket?'

The nearest supermarket to most Halls of Residence is Tesco which you can find on Market Street across from H&M. There's also Sainsbury's, a further five-minute walk down Market Street, next to Nando's. Further afield, you also have Aldi a ten-minute walk (towards the hospital) which is cheaper; Marks and Spencer (the most expensive) across from Aldi; and for the more adventurous amongst you, the largest supermarket Morrison's, is directly across from the hospital, a fifteen-minute walk from town. If a couple of you go for a big shop it is only about £5 for a taxi back, or the buses are pretty regular.

If you are in a catered hall, they may not do tea/dinner on Saturday or Sunday so you have to fend for yourself. If you want to cook and see everyone else from the University go to Tesco's at 5.00pm on either day and queue with them 😊 otherwise plan ahead. Hall food is fairly stodgy stuff (they try but they are on a budget too), buy a bottle of your favourite sauce, mustard etc., to spice things up a bit.

'Is there late night public transport from Dundee back to St Andrews?'

Yes. Buses run from Dundee up until 23:30, but after that you'll have to take a taxi back. This may seem like an expensive option for just one of you, but many students choose to take a taxi back as a group after a night out which makes it more affordable.

'Where can I get the best take away pizza?'

There's a Domino's in town at the end of Market Street and many good Italian restaurants: everyone has a favourite. Also, there are late-night food outlets such as 'Empire' and 'Dervish' next to the Manse and on Bell Street respectively.

'What do I do if I have found or lost something important in town?'

Try posting in the Facebook Group 'Lost & Found in St Andrews'. If you have lost something in a University building try the School Office or the janitors.

'What do students do on a Friday night?'

Students usually go to the Union's Club 601 (we know this as 'The Bop') or to the VIC, another of St Andrews bars/clubs. Some others stay in with friends watching movies, some go to the library. You do what you want!

'Are there types of overnight transport to take me from the library to my accommodation, for example, if I was studying late?'

Yes. There is a free night bus that stops at every hall, the Union, the library, Morrisons, and Lamond Drive (a common place for private accommodation in St Andrews) that runs from 10pm(ish) until 2am.

'Where/who can I go to if there is a problem with my rent?'

It depends on the type of problem. There are financial advisors available for you, student services, or even your assistant wardens in halls can offer advice concerning financial matters. The ASC on North Street is a good first port of call, or if you'd rather not talk to someone in person, you can always email moneyadvice@st-andrews.ac.uk

'Where/who can I go to if I want a part time job?'

There is a part-time jobs section on the Careers Centre website which is very useful and is frequently updated with all jobs in the vicinity that apply to students.

'Where can I buy supplies like pillows, blankets etc.?'

Aldi and Morrison's are probably your best bet for getting soft furnishings. There is also M&Co in the middle of South Street that is handy.

'What are 'academic parents' and how do I get 'adopted'?'

We have a rather special tradition here, where older students 'adopt' first year students. Your 'academic parents' look after you as you settle in and get used to your life in St Andrews. There is not a specific way to get adopted. Some people get adopted by chance on a night out; some get adopted by people in the same hall; some get adopted by people in the same club/group or even course as them. There is no one way to get adopted, and some people may get adopted more than once till they find the right family for them. It's an organic process, so please do not worry if it doesn't happen in Fresher's Week because the university holds 'mixers' to meet potential family members as Raison Weekend approaches.

'Where are the best clubs and bars in town?'

Main Bar, Beacon Bar and Sandy's in the Student Union; BrewCo and The Rule on South Street are some of the best bars in town. Many of St Andrews' restaurants also have bars attached, like the Adamson if you fancy something different. 601 in the Student Union and the VIC are probably the best clubs in town.

'It's my first time in Scotland - where should I visit?'

Scotland is a dream location for students! They're not really a 'thing' to visit, but the Highlands and all their wonders are right on your doorstep: they are yours to explore. Near Inverness for instance, is the famous Loch Ness with its fabled monster. But closer to St Andrews, Dundee is a fun day away from 'the Bubble'. And Edinburgh, Scotland's capital, is only a two-hour bus journey from St. Andrews and is a city teeming with life around every corner – its Christmas Market is a must-see every year from around mid-to-late November. Glasgow – Scotland's largest city – is also reachable by taking a bus where you will find an

abundance of culture with an amazing nightlife and the opportunity to listen to world class music.

'Can I bring my own personal toaster / kettle etc to university accommodation?'

You are advised NOT to bring your own personal toaster or kettle. Overloading of power circuits may result in a fire risk, so students are prohibited from using any high powered electrical equipment in their bedrooms.

'Where can I access my exam timetable?'

<https://www.st-andrews.ac.uk/students/academic/examinations/examtimetablescurrent/>

'Where can I find cheap books, bikes, clothes, or even furniture?'

Check out the Facebook group 'Free & For Sale' in St Andrews

'Where can I find a special type of wine/beer/unusual spirits?'

Luvians Bottle Shop on Market Street (near Sainsbury's) offers some great wine, whisky and gin. They also have drinks such as sake.

'Who do I contact for subject choice advice?'

You will be assigned an advisor and they will be able to help you with that.

'Which sports society should I join?'

During freshers' week or even after, most societies offer free try out sessions to help you make up your mind! It's often called 'freshers fayre' and at least one of us is a member of the Quidditch team, and of course there is a Psychology society and a Neuroscience Society. Also don't forget to go to the Sports Fair during orientation week!

'What do I do if I need technical support for my PC or Mac?'

Email itservicedesk@st-andrews.ac.uk with your question or drop by the IT service desk in the library (Opening 9am-5pm during weekdays).

'Where do I go if I am not a fan of club nights?'

There is a Wednesday night Ceilidh and a Sunday night A Capella during orientation week! Make sure you buy a ticket before you go via www.yourunion.net/freshersevents/. There is also the cinema and the Byre Theatre, as well as all of the societies and clubs that you can find on the Union website.

'What is the best ice cream in town?'

This is a hard one. Jannetta's and Nardini's are two of the most popular ice cream places.

If you have any other questions please don't hesitate to ask us. We are here to help!