EXCELLENCE THROUGH PERFORMANCE

For students wanting to combine world-class academics with a high performance golf programme, the Saints Golf programme at the University of St Andrews provides just that opportunity.

There is nowhere more special than the Home of Golf in which to be a student golfer. With unrivalled courses and facilities, history, tradition and a modern, professionally run high performance golf programme, you will find everything you need to take both your game and your education to the highest level.
The Saints Golf programme is open to all students who have a desire to play competitive golf at the University of St Andrews.

We offer a ‘General Membership’ and a ‘Tournament Membership’.

General Members will be able to play internal Saints Golf competition, receive coaching and have the chance to represent the university in BUCS match play competition.

Tournament Members are given the chance to access many performance benefits, including the following:

- Coaching support and access to the St Andrews Links Academy
- Team clothing and bags
- Physiotherapy and Sports Psychology support
- Tournament expenses
- Opportunity to travel for tournaments/training camps

Please note there is a handicap limit for Tournament Membership, this being 4 for Men and 6 for Ladies.
“HISTORIC, INSPIRING, UNFORGETTABLE”

These are just three words that our players have used when describing the experience of living, studying and golfing in the Auld Grey Toun.

Our golf programme is internationally recognised as being able to provide players with everything they need to excel in both the classroom and on the golf course. We have a roster of players from around the world and as such the team environment is richly rewarding. Many of the players arrive at the University having played at the highest level of junior golf and we have had players win National Championships whilst being part of Saints Golf. We pride ourselves on being able to develop players whilst they are studying, so whatever your goals are we have the tools and ambitions to help you meet them.

“To play for the University of St Andrews Golf Team made that experience even more important to me – the combination of the traditions, the people I’ve met through the matches and the wider network, the extraordinary places we played, and the consistently brilliant competition, are highlights of my life.”

– Storm Boswick, MA Honours, 1991
Every member of Saints Golf has the unique opportunity to purchase a Links Ticket giving them year round access to all seven courses at the Home of Golf, including the Old Course.

With six of these courses being within walking distance of University halls of residence and all of them being open and in excellent condition year round, there is no other University in the UK that can come close to matching the playing opportunities our players have. The Links Ticket allows play on the following courses:

- Old
- Castle
- Jubilee
- New
- Eden
- Strathtyrum
- Balgove (9 hole)

In addition, players on the programme are able to compete on a variety of the finest layouts Scotland has to offer including such gems as Royal Dornoch, Western Gailes and Crail Golfing Society.

“Learning the intricacies of playing these great courses in our unique weather conditions gives our players unparalleled golfing experiences that further their ability; off the course they have access to one of the finest practice facilities in the world – one that sits adjacent to the Old Course itself.”

– Director of Golf, David Watt
Saints Golf players are incredibly fortunate to have access to some of the finest practice facilities in the world.

In addition to the wealth of incredible golf courses on our doorstep, we also have a world-class practice base at the St Andrews Links Golf Academy, situated right next to the Old Course itself.

The St Andrews Links Golf Academy is situated adjacent to the Old Course and only a few minutes’ walk from town, it provides the ideal venue for students to work on their game. Our players have full access to this facility and the team of instructors based there, it truly is quite unique for a golf programme to have such a world class venue as their practice home.

At the Academy we are able to benefit year round from a wide variety of technology and facilities as follows:

- Private swing studios fitted out with the latest golf coaching technology including:
  - Trackman
  - V1 High Speed Video Analysis
  - Boditrak Pressure Mat
  - K-Vest 3D
- Putting Room with SAM Putt Lab System
- Expansive short game area featuring three greens and distinctive links style bunkering
- The Academy hosts 22 indoor practice bays and 60 floodlit bays fitted with the Trackman Range system

The University also provides excellent training facilities at their recently refurbished and expanded Sports Centre, which has seen a multi-million pound investment over the past few years. Our players have access to the Performance Suite where they engage in a fully supported and supervised Strength & Conditioning programme.

One of the very best aspects of our amazing facilities is the easy and easy accessibility for our golfers, everything is within quick walking distance of all student halls of residence meaning planning practice and workouts into a busy schedule is possible.
International travel has been a huge part of the Saints Golf experience; we travel extensively throughout the year in the UK, Europe and around the world.

Travel comes in different forms – from training camps to tournament to supporter trips. We have organised camps in the US, Sweden and Spain and competed across Europe as well as in NCAA competition in the US and invitational events in South America.

Our supporter club has given us the opportunity to play at some of the best golf courses in the world. Trips in the past few years have seen us play at Pebble Beach, Shinnecock Hills and the Olympic Club, amongst many others.
ST ANDREWS LINKS TRUST
St Andrews Links Trust is a charitable organisation responsible for the management and maintenance of the Links courses at St Andrews, including the world famous Old Course.

Saints Golf is incredibly fortunate to receive support and friendship from the Links Trust. Our squad benefits from counting the world class Golf Academy as their practice base and all students at the University can take advantage of the opportunity to purchase a Links Ticket, allowing year-round access to all the golf courses in St Andrews.

THE R&A
Each year the R&A invests more than £300,000 in student and University golf and our Saints Golf programme is fortunate to be one of the recipients of this support.

As well as receiving financial support as a programme we also benefit from our players being able to receive individual bursaries from the R&A to help support their golf and study whilst at St Andrews.
David has been a PGA member and full time coach for 15 years and has worked with the University Golf Programme now for seven years. During this time, he has coached a wide array of players and was one of the first coaches in the UK to complete the TPI (Titleist Performance Institute) training programme. Subsequent to this he has worked extensively with 3D movement and biomechanics in elite players using both the AMM and K-Vest systems. This work developed his knowledge of how to assist players in achieving optimum swing movements.

Working out of the St Andrews Links Golf Academy means David is working daily with the latest technology, including Trackman, and has a keen interest in statistical analysis and its application to player improvement.

David has travelled around the world attending tournaments, training camps and seminars in an effort to increase his knowledge and experience, something he is passionately applying to the Saints Golf programme.
STRENGTH & CONDITIONING MANAGER
Allan Gartshore
Allan has worked for the Department of Sport for several years and has been an Accredited Strength and Conditioning Coach (ASCC), with the UK Strength and Conditioning Association since 2008. As well as his work for the University, Allan also works part time with the Scottish Institute of Sport as a strength and conditioning coach, and has previously worked with Dundee United Football Club - providing both field based, and gym based strength and conditioning support.

STRENGTH & CONDITIONING COACH
Claire Tracey
Claire completed her Masters in Strength and Conditioning and gained UKSCA Accreditation in 2013. Throughout her professional career she has worked as a Personal Trainer and coached Great British National Fencing Athletes, Junior National Tennis players and many club level teams including Spartans Women’s FC. Claire has worked next to and learnt from some of the best coaches and athletes in the industry at Glasgow Warriors, sportscotland institute of sport and Hamilton Academical FC.

HEAL PHYSIOTHERAPY
Players on the programme have access to a team of professionals from Heal Physiotherapy Limited, based at the University Sports Centre, who have specialist knowledge and expertise in the treatment and rehabilitation of a wide spectrum of sports injuries and musculoskeletal problems, helping to enhance performance.

Our support staff come to St Andrews with a wealth of experience gained at the top of their field and understand the balance between academic and athletic achievement.

STAFF
The Boyd Quaich Memorial Golf Tournament was inaugurated in 1946 and is played over the Old Course and New Course at the St Andrews Links.

It is truly an international student event with competitors from Australia, Asia, Africa, the USA, Canada and Europe competing for the prestigious Quaich. It occupies an amazing spot in the calendar by being played on the Old Course right in the middle of July. The strength of the field increases every year and the event counts for the World Amateur Golf Ranking (WAGR).

The tournament is played in memory of two brothers, Quentin and Anthony Boyd, both St Andrews students, who were killed in action during the Second World War.

“The lettering on the Quaich tells that its purpose is to foster the lasting friendship of all nations by promoting the increase of international goodwill, and by the encouragement of friendliness between young men of different countries. It is hoped that each year on the Old Course of St Andrews, students representing Universities all over the world will meet in the fine friendly warfare of the links on which Quentin and Anthony Boyd spent so many happy hours, and also in the precincts of our university, and by doing so will come to an understanding of each other’s ways of life and wishes and hopes for the world that is to be, that world for which they must take responsibility.”

– J B Salmond, reprinted from College Echoes, 5th November, 1946

@TheBoydQuaich
@BoydQuaich
The 600 Club is our Donor Club, it exists to bring together supporters who wish to help our young players to succeed and meet their goals.

In 2013, whilst celebrating the 600th anniversary of the University, a special tournament was held at which the 600 Club was formed. Since then we have added members around the world who all have a shared love of golf, St Andrews and helping young student golfers. We hold various events for members including our annual Arnold Palmer Invitational and the chance for members to play with students on our supporter trips.

Please contact the Director of Golf for further information on how to join the 600 Club.

“I am proud to support the golf programme at the University of St Andrews. The Home of Golf is an iconic place where the history, values and the tradition of the game are intertwined with the culture of the town and the people who reside there.”

– Tom Ross Managing Director of Raymond & James Associates, 600 Club Member
Over the last 600 years, the University of St Andrews has established a reputation as one of the world’s leading research and teaching centres.

**THE ST ANDREWS EXPERIENCE**

Today, the University offers a flexible degree structure based on your choice of subject specialism or research, creating an environment that nurtures inquisitive minds and a culture of sharing.

St Andrews provides a unique location for a very special university. Wherever you walk you are reminded of its rich and colourful history with buildings both ancient & modern. The beautiful unspoilt beaches with fresh clean air and wide expanse of sky provide the perfect antidote to the classroom or laboratory.

Programmes are available at undergraduate and postgraduate level; there are currently over 600 undergraduate degree programmes and over 100 Masters opportunities across 18 academic Schools. Each School offers supervised PhD and MPhil research with input from world-class academic staff.

There are plenty of opportunities to meet the University staff, both in St Andrews and elsewhere. Whether you have questions about your application or student life, you can do so no matter where you live.
We are incredibly fortunate to be only the second university in the world to be able to bestow upon a student an Arnold Palmer Scholarship. Mr Palmer’s relationship with St Andrews is legendary and was cemented in 2010 when he received his honorary doctorate from the University.

In our 600th anniversary year Mr Palmer generously gave his name to be able to help young student golfers flourish in the Home of Golf. The scholarship is awarded to those who best embody the spirit of the man, the game and the University.

These scholarships have been introduced in order for Saints Golf to attract the very best student golfers from around the world and give them the greatest chance possible to achieve their golfing and academic dreams whilst in St Andrews.