BA (International Honours)
Students’ Orientation Guide
Welcome to St Andrews, Scotland’s first university!

Whether you are studying Classical Studies, Economics, English, Film Studies, History or International Relations, as a BA (International Honours) student you are part of a unique and truly international joint degree programme between William & Mary and the University of St Andrews. You are a member of a very special community which transcends borders and fosters a global outlook, enriching both universities with fresh ideas and perspectives.

BA (International Honours) students experience a number of transitions throughout their degree programme, and we believe these transitions help you to develop agility and adaptability, a confident and flexible approach to your learning, and a broad and international perspective, all of which will help you to prepare for employment in a global market.

In the following pages, you will find information to help you make the transition to St Andrews – from advice on planning your travel to a guide to Academic Advising and information to help you make the most of your time at St Andrews.

We offer a range of support services to ease the transition and to help you settle into your new home in St Andrews, and we look forward to welcoming you to our lively community.

Professor Clare Peddie
Vice-Principal Education (Proctor)

Student profile

“The JDP is a completely invaluable experience. Doing this program has created so much opportunity for me that I would have never been able to experience if I had chosen a classic one institution course, and has genuinely been the best choice I’ve made. Although it has its challenges, the JDP fosters such a great environment that I have felt comfortable voicing these challenges, and have been able to make positive change with my peers to improve the program for the next generations, which has been so rewarding.”

Charli (Kent, England)

For the latest University guidance on COVID-19 and student life in St Andrews, please see our Coronavirus webpage: www.st-andrews.ac.uk/coronavirus
How to get to St Andrews
The closest airports to St Andrews, which offer plenty of connections both nationally and internationally, are Edinburgh (48 miles), Aberdeen (84 miles), Glasgow (90 miles), and Glasgow Prestwick (113 miles).

From Edinburgh airport there is an Airlink bus that runs roughly every 10 minutes to the centre of Edinburgh. It takes around 30 minutes and you can get off either at Waverley or Haymarket Station. Alternatively, you can take the tram service to Edinburgh Gateway, Haymarket or Waverley which operates every 8-10 minutes Monday to Saturday and every 12-15 minutes on a Sunday. From there you catch a direct train to Leuchars, which is the station closest to St Andrews. The train journey takes approximately an hour.

Full details can be found at: www.nationalrail.co.uk

There are also several taxi share services offering competitive rates for a transfer from Edinburgh airport to your hall of residence. There are special rates for the weekends prior to both semesters as well as the days at the end of each semester for your return to the airport. Check their webpages for more information:

www.standrewsdirect.com
www.standrewsshuttle.com

Living in St Andrews
St Andrews is located in a breath-taking position. It is set on a rocky headland overlooking the dramatic waters of the North Sea. Inland are the rolling fields and wooded hills of the Kingdom of Fife.

Contrasts are everywhere – with local quirky shops, cafés and boutiques alongside well-known supermarkets, bakeries, stationers, bookshops, mobile phone outlets and a range of high street fashion and shoe shops.

From Leuchars you can catch a direct train down to London. If you are planning to do a lot of travel by train it may be worthwhile getting a Railcard, which can save you a third off the price of each ticket you buy. For more information visit: www.nationalrail.co.uk

Further afield
Thanks to the train link, as well as our proximity to Edinburgh and Glasgow, it is very easy to make St Andrews the base for your exploration of other parts of Scotland, the UK and regions further afield.

The Scottish Highlands are a particular favourite amongst international students and there are several companies which offer all-inclusive bus tours.

From Leuchars you get to St Andrews by bus (the 94, 96 and 99 lines) or taxi. You can also buy a Fife Dayrider+ when you board the Jet Service 747 from Edinburgh Airport to the Halbeath Park & Ride, where you have to change onto the X24 or the X59 to St Andrews. To determine whether or not taking the bus fits with your itinerary, full schedules can be found at: www.stagecoachbus.com

Further information can be found here: www.gov.uk/driving-nongb-licence

Matriculation
Matriculation is the process where students register with the University each academic year. This includes online matriculation, and attendance at the matriculation and advising events during Orientation Week in September. Information about matriculation is available at: www.st-andrews.ac.uk/students/academic/matriculation

It is important to complete the full matriculation process within the time-frame prescribed otherwise it will result in the implementation of our Failure to Matriculate policy. Full details can be found at: www.st-andrews.ac.uk/students/rules(matriculation/failuretomatriculatepolicy

Immigration
In the spring, you will receive an email from Registry about your Confirmation of Acceptance of Studies (CAS) that you will need to make an application for your student visa. It is essential you have a passport prior to applying for your visa or you risk not receiving it in time to commence studies in September. Your application will follow the same procedures as any other visa application, details of which can be found here: www.gov.uk/student-visa
Students entering the UK for the first time with a student visa should bring their joint degree programme acceptance letter to show the immigration officer at the border. Those with visas should not take connecting flights through Dublin during initial entry as your visa will not be stamped. The Republic of Ireland has a ‘Common Travel Area’ with the UK.

Students studying at the University under a student visa are required to have their passport and visa documentation verified twice each academic year. Verification will take place at Matriculation and as part of a visa confirmation event held early in the second semester. Failure to attend the events may result in the University considering you absent. That absence will be reported to the UKVI and may ultimately result in your studies being terminated and your visa being curtailed.

Students who are on a student visa and given a Leave of Absence for personal or medical reasons must leave the UK and apply for a new visa when they return to their studies. This change in circumstance will be reported to the UKVI and your visa will be curtailed.

If you have any queries regarding passport/visa checks, please contact: visas@st-andrews.ac.uk

Student ID card

Your student ID, also called your matriculation card, is a form of personal identification and confirmation that you are a student at the University of St Andrews.

- It provides access to many University buildings, including the University Library, Students’ Union, 24-hour computer classrooms, and your own hall of residence.
- It is your Library card, to manage your Library record, including the issuing of books.
- It is your ID for voting in student elections.
- If you purchase gym membership, that will go on your card.
- You can add funds to your card to enable you to use the various printers located throughout the University.
- Your ID card is valid for the duration of your studies.

Although we ask students to upload an image for their ID card, it is possible to have your photograph taken during matriculation by our ID Card team.

More information about the ID cards can be found at: www.st-andrews.ac.uk/it-support/id-cards

Fees and funding

As a student who started their degree at William & Mary you will pay tuition fees to your home institution. However, you are responsible for paying your accommodation fees to St Andrews. You can pay these in full or by instalment either by international wire transfer, bank giro credit (BGC) or credit/UK debit card. See www.st-andrews.ac.uk/students/money/fees/howareyoupaying

There are several banks which have branches in St Andrews, and most of them offer special deals if you open an account with them. The steps needed to set up a bank account as an international student can be found here: www.st-andrews.ac.uk/students/money/bankaccounts/bankinternational

In terms of how much spending money is needed per week, there is an approximate guideline to be found here (look under International Students): www.st-andrews.ac.uk/students/money/internationalstudents/ugcoa

Opening an account and transferring money from another country into the UK can take some time, so you should ensure you bring enough money for living expenses for the first few weeks. It is advisable to bring some cash (but not large sums) and either traveller’s cheques (Sterling) or a credit card that will allow you to take money from a cash machine until funds have been transferred. Phone your home bank a few weeks prior to departure to notify them of international travel and to request a pin for your credit card. Some banks will also mail you a new card with a chip (all European cards have chips) free of charge, making it much easier to use machines. Be mindful of the fact that American Express is only accepted by a few businesses in St Andrews, whereas Visa and Mastercard are widely accepted.

“The programme fosters such incredible growth for students, both academically and personally. Transitioning between the U.S. and Scotland, I have constantly adapted to challenges and taken advantage of new opportunities at each school. Sharing this journey with my cohort and fellow programme members has made the experience even more special.”

Sigi (Florida, USA)
Academic matters
The Associate Dean Curriculum (Arts and Divinity), Dr Lisa Jones, is the academic director of the BA (International Honours) programme. She provides academic advice generally to our BA (International Honours) students as well as being the Adviser of Studies and class instructor for the first and second year students. She works closely with academic colleagues in each of the Schools in the programme as well as colleagues at William & Mary. She can be contacted by emailing assocdeanarts-curr@st-andrews.ac.uk. You will meet her during the advising process and throughout the year at various social and academic events.
www.st-andrews.ac.uk/about/governance/faculties-deans/associate-deans

The University works on a semester system, consisting of two semesters per year. Holidays, teaching and study periods are not evenly distributed within the academic year. Please note that you are required to remain in St Andrews for the full duration of the examination diets.

As a BA (International Honours) student you may find the way courses are structured here completely different to what you are used to. Although you may have fewer contact hours than you are used to at William & Mary, you should be prepared for a lot of guided independent study.

- A module is a course in a particular subject that is usually taught through a combination of weekly lectures and tutorials or seminars.
- Tutorials are small group discussions that cover material taught in lectures.
- Seminars are a mixture of lecture and tutorial in small groups.

As a rule full-time students should take 120 credits of modules per year, 60 credits per semester.

Students normally only take three modules per semester in their sub-honours years (first and second year). You must take sub-honours modules in the subject area of your intended degree programme. In addition to compulsory modules you may be able to choose other modules from a wide range of subjects, some of which might fulfil your breadth requirements. Note that second year students arriving in St Andrews will take an additional 5-credit module in the first semester, PO2001 Introduction to St Andrews, which involves fortnightly classes with Dr Jones.

Our online Module Catalogue also provides detailed information about all the modules that are available:
www.st-andrews.ac.uk/subjects/modules

Your University of St Andrews user ID and password will enable you to log into the Student Portal ‘MySaint’ through the University website and choose the modules you wish to take. This is known as ‘pre-advising.’ During Orientation Week you will receive an email with a time and location to meet the Associate Dean for the programme (see page 6). In the meeting you will discuss your module choices for the year and make any final adjustments if necessary. Full information on the advising process can be found here: www.st-andrews.ac.uk/students/academic/academic-advising

At St Andrews, work is marked on a 20-point scale. A guide to the standards expected can be found in the BA (International Honours) regulations document, available on our website (see link below).

Each academic School within the University of St Andrews makes available online a handbook which outlines the School’s marking and assessment criteria. You should read the handbooks for each of the Schools where you will be attending courses to make sure that you are fully aware of expectations and requirements.

CEED
The Centre for Educational Enhancement and Development (CEED) provides a comprehensive range of academic skills and student development services for undergraduates.

CEED coordinates the Academic Skills Project; a programme where postgraduate students deliver optional workshops on a range of subject-specific academic skills such as essay writing, citation and critical thinking. CEED also offers a one-to-one tuition service where postgraduate tutors provide study skills and mathematics and statistics support to students.

You are invited to engage with the Professional Skills Curriculum which provides training in over 30 skills topics that employers value. You can develop your IT skills via access to the Microsoft IT Academy. There are a range of academic skills booklets and other resources in the CEED offices. Information is available at: www.st-andrews.ac.uk/ceed

For more information about the BA (International Honours) programme please look at the regulations document available on our website:
www.st-andrews.ac.uk/students/academic/ba-international

Olivia (Texas, USA)

“The BA (International Honours) Programme has taught me the importance of being adaptable in such an ever-changing world landscape. The programme has emboldened me as an individual, gaining confidence in my academics and beyond. The transitions between the universities are difficult (I will not lie), but the value of the education I am receiving is immense. I have fantastic friends in both places, and without the programme my life would look so different.”

Olivia
Library
The University has several libraries throughout the town. The Main University Library, located in the centre of town, is open for more than 100 hours per week during the semester with a wide range of studying options, including group study rooms, silent study areas as well as more informal and relaxed areas, as well as a café.

The King James Library is located on South Street in St Mary’s College with opening times from Monday to Friday. Find out more about library services at: www.st-andrews.ac.uk/library

IT Services
It is easier and safer to buy a new UK laptop when you arrive. However, if you bring your own laptop, you will need to get a UK power lead for it.

IT Services also work in partnership with Getech and participate in a national procurement agreement to secure very competitive prices for students to buy computers through the student store.

Each room in halls of residence has a data point which allows you to connect to the internet via an Ethernet cable (which will be provided to all students arriving during Orientation Week, at no extra charge).

Our wireless service is Eduroam, which is available throughout the public areas, Schools and libraries around the University and also in the bedrooms of halls of residence. www.st-andrews.ac.uk/it-support/services/wifi/connect-to-eduroam

Printers are available in the Main Library as well as in the individual computer rooms of the halls of residence, but it is also possible to buy them from stores in town. Information on printing costs can be found on our website at: www.st-andrews.ac.uk/students/uniprint/printingprices

Our IT Helpdesk in the Library can help with any issue related both to University computer equipment and your personal laptop. You can get free advice without booking an appointment, or alternatively you can call them or send them an email: helpdesk@st-andrews.ac.uk

They also run a PC Clinic Service where you can hand in your laptop for any problems. Turnaround time for repairs is usually 48 hours. Since it is a University subsidised service the prices are very competitive. More details about the current services are available at: www.st-andrews.ac.uk/it-support/services/facilities/pc-clinic

Halls of Residence
Our Halls of Residence webpages are the best starting point for all related questions: www.st-andrews.ac.uk/accommodation/ug/residences

There are ten different undergraduate halls of residence in St Andrews, each offering a unique experience. From historic to modern, large to small, there is something for everyone. You will select your preference for a type of residence rather than choosing an individual hall. As each hall is located in a different part of town and hall events vary, there is no standard experience of hall life. The cost of living varies between halls so check the webpages for the current accommodation fees.

There are several different options to choose from our residences:
• Single or shared room. If you are in a shared room you will not find out in advance the name of your roommate. However, students in the past have used social media to connect prior to the start of semester.
• Standard (hall-style) or en-suite (you have your own toilet and shower).
• Catered (with meals) or self-catered (cooking for yourself).

Catered residences:
• Provide 19 meals a week (no weekend dinners), 14 meals a week if in David Russell Apartments (no weekday lunches or weekend dinners) or 15 meals a week at Agnes Blackadder Hall (no meals at weekends).
• Students may only eat meals in their own halls of residence.
• Meals in most halls have a duration of one hour, with the offer of a ‘packed’ lunch or dinner alternative. Students are allowed to select one entrée, one dessert, and one piece of fruit, however, you may take as much salad and sides as desired. There is always a vegetarian option and catering staff are happy to discuss other dietary requirements.
• All Catered halls with the exception of Agnes Blackadder and David Russell Apartments close during the Christmas vacation, but your belongings may remain in your room. Rooms must be vacated at the end of Semester 2 in May.

Self-catered residences:
• Are equipped with kitchens, but students must purchase their own cooking utensils.
• Halls remain open during the Christmas vacation, but must be vacated at the end of Semester 2 in May.
“Being in the programme really allows you to have the best of both worlds. While you might miss some aspects of one institution, like specific classes, you find great things that make up for it at the other, like the location and the opportunity to make new friends. Learning to navigate these ups and downs has made me appreciate each school more, and it has made me a more well-rounded student and person. I am so thankful that I decided to take on the challenge because it has definitely been worth it.”

Katherine (Virginia, USA)

All rooms are equipped with:
- A bed
- Wardrobe
- Desk
- Chair
- Lamp
- Telephone
- Datapoint
- All residences have washing machines and tumble dryers. You will be able to purchase a laundry card and top it up online.

The University does not provide storage during the summer holiday, but there are several companies which provide storage facilities, such as:
- Saint Storage: www.saintstorage.com
- Storage St Andrews: www.storagesandrews.co.uk

Online accommodation applications and Move-in:
- Application forms open 1 April and must be completed by 30 June. You can rank your preference for en-suite, single, shared, catered or self-catered, but you cannot choose the hall itself.
- Accommodation offers will be released in July or August with specific hall and room assignments.

- The earliest that you can move into a hall of residence is the first Saturday of Orientation Week.
- Students pick up keys at the reception of halls of residence.
- Any items shipped to halls must arrive AFTER you have moved into accommodation. The University cannot guarantee secure storage and belongings will not be covered by the University’s block insurance policy until the student is in the residence. Note that all goods shipped to the UK are subject to Customs Excise examination. Further details about bringing personal belongings into the UK can be found at: www.hmrc.gov.uk

Mobile phones
You may want to invest in a British mobile (cell phone). There is a phone shop in town where you can purchase a mobile phone and several in Dundee and Edinburgh. Alternatively, contact your provider prior to your departure for St Andrews to confirm whether or not your phone is already unlocked. If it is not, request to unlock your phone so you can purchase a UK sim card upon arrival.

Student life
The Students’ Union provides a great meeting point for the student population, with the lowest prices in town. It puts on events throughout the year, from live gigs to comedy nights. St Andrews also has a large number of coffee shops, restaurants, pubs and bars.

There are a vast number of student societies and you are free to start your own if you feel that your personal interests are not represented. During Orientation Week a Freshers’ Fayre will be held, which gives you the opportunity to meet representatives of the societies, find out what they are all about and to join the ones you like.

The annual Sports Fayre takes place during Orientation Week and gathers all 50+ sports clubs in one place. This offers the perfect chance to join your favourite club, discover a new sport or pick-up one you’ve always wanted to try. Throughout the week, clubs run ‘Give it a Go’ sessions, giving you the opportunity to try a sport for the very first time. Following significant investment in recent years, you will benefit from some of the best sports facilities in Scotland and access to a range of professional fitness services. Students can purchase memberships for a Semester of full academic year. For more information please visit: www.st-andrews.ac.uk/sport

St Andrews has a very dynamic drama scene, with plays, musicals, and comedy acts performed on a regular basis, as well as an active Music Centre, which organises lunchtime concerts and evening concerts. At the Byre Theatre, there are numerous arts festivals, film screenings and special guest talks throughout the year, so there will always be something for you to attend.

Halls of residence organise their own annual hall ball, but in addition there are a variety of other balls and dances taking place each semester. So make sure to bring some formal wear with you, unless, of course, you need an excuse to go shopping in Dundee or Edinburgh.

There will be a special welcome event held for you and your fellow joint programme students, organised by the Associate Dean for the BA (International Honours) programme. An invitation will be sent to you by email.
**Traditions**
During its more than 600 year history, St Andrews has developed many traditions, all of which play a significant role in making student life here so unique.

Academic families are, in essence, a way to incorporate freshers (new students) into the student community. At St Andrews you have the chance to be adopted by an ‘academic mother and father’. These academic parents are Honours students, i.e. students in their third or fourth year of study, who will act as mentors and introduce you to student life at St Andrews. Academic parents can adopt more than one student so you will have some academic siblings too, and over the years your academic family will grow with each new intake of freshers.

Every year in the first semester one of St Andrews’ unique traditions takes place, Raisin Weekend. On Raisin Sunday academic parents host parties for their children to celebrate their introduction to the St Andrews community. Traditionally, children would present their parents with a pound of raisins, hence the name. On Monday morning your academic mother will dress you up in fancy costumes and your academic father will present you with a Raisin Receipt, which could be anything from a teddy bear to a door. You will make your way through town carrying the receipt and end up with all the other academic children in the foam fight near St Salvator’s Quadrangle!

On 1 May many students brave the freezing waters on the North Sea in celebration of the heroic efforts of John Honey who, in 1800, saved five people from a sinking ship off the St Andrews pier, swimming out and back with one person at a time. The May Dip sees its culmination at the first light of dawn and the screams of the students as they enter the cold North Sea can be heard for quite a distance!

Throughout the semester you will see students wearing the traditional red undergraduate gown. Gowns are not compulsory, but highly desirable in certain situations. While not everyone will buy one (their price can be a little steep – try and get a secondhand one at the Students’ Union shop) you can always borrow one if you need it. Formal hall dinners, University Chapel services (followed by the Pier Walk) and any sort of ceremonial events are good times to wear a gown. They are also rather cosy and can help you stay warm during the winter.

“Joining the programme has been one of the best decisions of my life. The friends I have made on both campuses and amongst my WaMStA peers, the places I have explored, the materials I have studied in a subject I love dearly in two different academic styles, and the lessons I have learned transitioning between continents have changed me for the better in a way no study abroad opportunity could. I am a more well-rounded and knowledgeable person because of this programme, and I could not be more thankful for the chance to serve both institutions as a proud WaMStA student.”

Liam (Virginia, USA)

**Support systems**
Student Services provide a comprehensive support system for all students, with specialised advice and counselling in areas of finance, disabilities, international student service, academic issues, health concerns, mental health issues, personal and emotional concerns. Student Services as well as the other departments involved in dealing with the joint programme have great experience dealing with international students and their transition to the UK higher education system, so you will be in good hands.

For any queries that you may have whilst at St Andrews you can go along to the Advice & Support Centre (ASC), 79 North Street, where staff will be able to listen, give advice or refer you on to appropriate services. The Advice & Support team will provide advice on all welfare matters including overseas student issues, flatmate problems, financial matters/problems or any matter of concern to a student. If they cannot help then they will refer you to an appropriate person either within or outwith the University.

Semester dates for the coming years can be found here: www.st-andrews.ac.uk/semester-dates
At the end of the day, one of the great parts of this programme is the ability to call two amazing places ‘home’. So when you think you’re leaving one home, you might just realise that you’ve arrived at another.”

Emily (Virginia, USA)

The Global Office runs consultation hours which provide an extra resource for joint programme students. Whether you would like advice about a practical matter, or just want to have a chat about your experience in St Andrews, the Global Office will be happy to speak to you. You can book an appointment online, or visit the office during our drop-in hours: www.st-andrews.ac.uk/students/study-abroad/consultation-hours

The Global Office Interns play an important role in supporting international opportunities for students. If you are curious about these or internships with us, please email the Intern directly for further information: globaloff-intern@st-andrews.ac.uk

Our Intern also coordinates our Buddy Scheme which pairs an Honours student (third and fourth year) in the programme with a sub-honours student (first and second years). For students who are new to St Andrews, the scheme is a terrific opportunity to meet somebody who has had a similar experience of moving between St Andrews and William & Mary. It’s also a good way to meet people and make friends.

Nightline is another resource that provides students with a listening ear and relevant information. Nightline is run by students and is completely confidential. Nightline operates every night from 8 pm until 7 am during termtime. For more information about contacting Nightline and its work, please see: https://nightline.st-andrews.ac.uk

Students with disabilities should contact an adviser as soon as possible to ensure that the University can put in place appropriate support and provide advice. To get in touch with an adviser, please email: disability@st-andrews.ac.uk

Your residential experience is supported by a wardenial team who are your key contacts within the residence. They act as mentors and advisers, working closely with the University’s wider advice and support network.

Each wardenial team consists of a warden and a number of assistant wardens, most of whom are PhD students. The team works with residents, the hall committee and the residential services team to build a strong and supportive community and hall identity.

The wardenial team provides out-of-hours contact and support, as well as links and referrals to daytime support services. They are a first point of call if a health crisis occurs or if you are distress or are experiencing difficulties.

Wardennial staff are always keen to support students, however there are limits to their remit. The support they offer is pastoral rather than medical and is designed to be ‘light-touch’ promoting autonomy and independence. They act as mentors and advisers, and are not in-loci parentis.

Wardens and assistant wardens undergo regular training and are qualified to provide emergency first aid. They are supported by the Student Services Response Team: www.st-andrews.ac.uk/accommodation/ug/current/residents/wardens

The University’s Out of Hours Emergency Service provides cover for emergency situations, such as liaising with the National Health Service for ill health or personal crises. www.st-andrews.ac.uk/contacts/emergency/university/outofhours

The University of St Andrews, in accordance with the Data Protection Act of 1998, is subject to strict laws that forbid the release of information about students to any external party. Further guidance can be found online: www.st-andrews.ac.uk/studyabroad/bainternationalhonoursjointdegree

In the summer preceding the start of your studies at St Andrews you will receive information via email about various things such as:
- Arrival and airport pickup service
- Orientation Week
- Getting your student ID
- Fee payment
- Health and disability
- Activating your University email address
- Online matriculation
- Module choices
- Parents’ Reception
- William & Mary – St Andrews Student Partnership

The WaMStA Student Partnership organises social gatherings for WaMStA students while also providing BA (International Honours) students with the opportunity to gain leadership skills by serving on the organisation’s board. The Partnership acts as both a social outlet and support system, connecting students across institutions, degrees and years. The Partnership’s Facebook group is home to helpful blog posts and other resources.

Join the BA (International Honours) Facebook group and connect with other joint programme students at both St Andrews and William & Mary. See: www.facebook.com/groups/sawmjp
Healthcare
As part of your student visa application, you will be required to pay an Immigration Healthcare Surcharge so that you have access to the National Health Service (NHS), which provides routine or emergency medical treatment. For information about the current charges please see our webpages: www.st-andrews.ac.uk/study/support/international-students/moving-to-uk/visas/apply/student-visa

If you require regular medication you should ensure that you arrive in St Andrews with at least one month’s supply. You should then have time to consult a doctor here before you need to obtain further supplies.

If you are an international student on prescribed medication from a doctor in another country you may be unable to get this in the UK. Speak to your doctor who can advise you if your medication is licenced in the UK. If not, then you may bring medication into the UK but please check for advice about the paperwork requirements that you need.

www.st-andrews.ac.uk/students/advice/health

The Careers Centre
The Careers Centre has a variety of tools, resources, opportunities and support and guidance available to BA (International Honours) students and graduates seeking to highlight their unique educational experience to employers in the UK, the US and across the world.

The Centre offers one-on-one careers guidance and practice interview appointments for joint degree programme students and hosts various events that facilitate networking and career exploration in partnership with alumni and employers. The Centre also hosts informative webinars and practical seminars specifically for joint degree programme students that focus on, for example: global networking and job searching; LinkedIn profile development and creating effective CVs and resumes. In addition to appointments students are welcome to access the Career Connect platform and website, www.st-andrews.ac.uk/careers at their leisure to explore the many employability events, internships and work experiences that are available to them while based in St Andrews.

There are regular virtual events that feature American employers and alumni as well as, where possible, in-person US-focused events in St Andrews and in the United States. These events include Networking Nights, Coffee Connect mentoring, Alumni Career Panels, Work-Shadowing Programmes, and practical sessions with sector-relevant companies within the US to meet with alumni and employers. Further, the Careers Centre webpages have numerous career sector guides and information about US and UK labour markets.

As a service to BA (International Honours) students, the Careers Centre provides a platform to connect you with alumni who are already working in interested sectors or companies. Students are strongly encouraged to join Saint Connect, the Career Alumni Network that brings together St Andrews alumni and current students. On Saint Connect, students on the joint degree may join a specific group for BA (International Honours) students and alumni. To join Saint Connect, please see: www.st-andrews.ac.uk/saintconnect

The Careers Centre has a dedicated North American Opportunities Manager who organises events and resources for joint programme students. For more information, or for any questions, please reach out to careers@st-andrews.ac.uk and follow us on social media at @stacareerscentre for announcements and updates.

www.st-andrews.ac.uk/saintconnect

Beyond graduation – the continuing St Andrews connection
While you are at St Andrews
Parents/guardians of St Andrews students are important members of the University’s extended community. For this reason, Development runs a Family Programme which aims to keep families up to date with news and developments at the University and provides them with a range of benefits and services. For further information, please visit: www.st-andrews.ac.uk/development/family-programme

Once you leave St Andrews
Leaving St Andrews does not mark the end of your association with the University but the beginning of a lifelong relationship with the University as St Andrews alumni. When you leave, you will receive a digital SPARC alumni benefit card which will provide access to a range of benefits and online services. The University will keep in touch through the annual alumni magazine, Chronicle, and through a monthly St Andrews in the News e-newsletter.

www.st-andrews.ac.uk/development/alumni