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## Passport to Research Futures

*A development programme for research staff*

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### Current Participant's Profile – Dr Cicely Macnamara

#### Current career stage / role

Research Fellow in Mathematics and Statistics - second year of PostDoc

#### Research focus

I apply mathematical modelling techniques to examine the intricate biological processes that are involved in cancer, with a view to increasing our understanding of how tumours grow.

#### Reason for participating in PRF

The PRF programme was recommended to me by a colleague who found it to be very helpful having, like me, had some time out of academia. I was keen to add structure to my professional development and meet other early career researchers outwith my own department.

#### Workshops that have been particularly beneficial

Every workshop I have attended has been fruitful whether it was focused on

##### Practical skills

CVs and Job Applications, Interview Skills

##### Providing a new perspective

Recruitment and Selection, Reinventing your Career

##### Exploring team roles and research styles

Managing People in a Research Team, Psychometrics Masterclass

#### Current / potential future benefits of participating in PRF

Participating in PRF has ensured that I am frequently focused on my professional development and career progression. It has challenged me to keep my career goals in mind and has provided me with the skills required to help me achieve them.