In April 2016 get some great physical exercise and help to raise money for Marie Curie on our:

10k Sponsored Walk.

Saturday 23 April 10.00am

Join the W WOW Walk Leaders as they take you on a tour of St Andrews, including the West Sands, the Old Course, the Cathedral, the harbour, the East Sands and Lade Braes. The walk will take around 3 hours at a comfortable walking speed.

For those taking part in Step Count Challenge, this is another way to increase your team’s step count whilst raising money for a great cause!

The Wellbeing and Engagement group will make a contribution to Marie Curie for every kilometre walked, but you can also organise your own sponsorship to boost the total. Funds raised can be paid directly or can be deposited with the Wellbeing and Engagement Group and we will pay the money to Marie Curie on your behalf.

email wellgrp@standrews.ac.uk to register your interest and for more information.