

CAPOD Funding Report

Please complete this report and submit by email to your authorising signature from your School/Unit and capod@st-andrews.ac.uk

Personal details will not form part of the uploaded report to CAPOD webpage

Event /Course Title	ASAB Easter Conference 2019
Date of event	April 3rd - April 5th 2019

1. Brief description of Event (50-100 words): Day one (out of three) of the conference involved professional development workshops including preparing for an academic career and working with the media. Extensive opportunities were provided to gain insight from people with a vast amount of experience in these areas as well as to practice hands-on communication skills.

2. What were the benefits of attending and what did you gain from the experience in terms of transferable skills and knowledge. Greater understanding and insight into the experiential, not just logistical, aspects of a career in academia; Tips for maximising experience and networking now as a plan for the future; an understanding of how universities interact with the media as well as how to judge when a finding is worthy of press release.

3. What actions will you be taking as a result of attending or by making new networking contacts. Maintaining contacts with people from the conference, thinking more critically about how I want to build my career in terms of the network I build.

4. Can you share any additional resources produced in connection with the event (e.g. feedback from participants, training resources, website links, and additional materials.

5. Tips/experience learned from the event Talk to people, they're all very welcoming; struggling and setbacks are unavoidable; working with the media can be a great positive; start building your network outwards, not just upwards.

6. Any additional comments or information regarding the event