Reading list and course program for Module PS4074

Week 1 – September 15

Topic 1: Depression and Memory (Early research)

This week a lecture will be given. The required reading for the week consists of the following two papers:


   

In addition I will use the following paper to illustrate in class how you should be reading and critically evaluating papers for both class presentation and your own revision:

   
   http://dx.doi.org/10.1016/0005-7967(80)90093-5
2.) Finally, although not required, the following chapter pages by Williams (Williams, J.M.G., Watts, F. N., MacLeod, C., & Mathews, A. (1997). *Cognitive Psychology and the Emotional Disorders*. Wiley: West Sussex. Chapter 1, pp. 1-43 and Chapter 6, pp. 133-168) provide helpful additional information in terms of a general background. These chapters will also be important for topics 2 through 5 so keep re-reading chapter 6 in particular over the next few weeks. Subsequently chapters 5, 7, 8 and 9 may be worth scanning if you want additional background information.

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Workshop: **Evaluating a mood induction procedure**

Week 2 – September 22

**Topic 2: Depression and memory (Recent advances)**

Papers for presentation:


2.) Joorman, J., Levens, S., & Gotlib, I. (2011). Sticky thoughts: depression and rumination are associated

http://dx.doi.org/10.1177/0956797611415539

Additional reading required for class discussion:


Workshop: **Self-report Methods of assessing mood states: What do they really mean?**

**Week 3 – September 29**

**Topic 3: Anxiety and Memory**

Poster presentation:


Journal of Abnormal Psychology, 98, 236-240.  


Prepare 100 word abstract of continuous assessment

Week 4 – October 6

Topic 4: Autobiographical Memory and depression

A lecture will be given this week. The papers that are relevant for the lecture are listed below.


Additional articles that are discussed in the lecture:


Workshop: Working through an autobiographical memory cueing task

Week 5 – October 13

*Topic 5: Autobiographical Memory and Anxiety*
Papers for presentation:


   [http://dx.doi.org/10.1016/j.brat.2003.10.003](http://dx.doi.org/10.1016/j.brat.2003.10.003)


Workshop: **Conducting research in the area of cognition and emotion.- the use of the Structured Clinical Interview for Depression.**

**Week 6 –October 20**

**Topic:** Attentional Bias in the Emotional Disorders

Papers for presentation:


Additional papers for class discussion:


http://dx.doi.org/10.100/7s10608-006-9113-y

Workshop: Participating in the emotional stroop task

Week 7 October 27
**Topic 7:** Mechanisms underlying attntentional bias

Papers for presentation:


Workshop: **Reviewing an exercise on mindfulness**

**Week 8 November 3**

**Topic 8:** Schemata and Judgements

A lecture will be given for this topic.


http://dx.doi.org/10.1348/014466505X35704

http://dx.doi.org/10.1016/j.brat.2010.05.009

Workshop: Raising awareness of cognitive processes underlying suicidality
Week 9 – November 10

*Topic 9: Cognitive bias modification*

Class debate: Which Intervention should be funded by the MRC?


2.) Holmes, E., Lang, T., & Shak, D. (2009). Developing interpretative bias modification as a “cognitive vaccine” for depressed mood: Imagining positive events makes you feel better than thinking about them verbally. *Journal of Abnormal Psychology, 118*(1), 76-88.  


Workshop: Modes of thinking: rumination (brooding and reflection) and distraction

Week 10 – November 17

Topic 10: Frameworks for Explaining the Relationship between Cognition and the Emotional Disorders

A lecture will be given for this topic.


Workshop: Compassion training followed by strategies for revision