

# UNIVERSITY OF ST ANDREWS WELLBEING MAP

#### BE ACTIVE

- 1 Sports Centre
- 2 Beach
- Cycle Paths
- 4 Fife Coastal Path
  - Lade Braes walk
- Workout Studios East Sands Leisure Centre, Functional Fitness, Hothouse Yoga, The Malt Barn Studio
- Sailing Club (East Sands)
  Golf
- Growing spaces

#### BE INSPIRED

- 10 Byre Theatre
- 11 Botanics
- 12 Wardlaw Museum
- 13 St Andrews Castle
- 14 St Andrews Cathedral
- 15 Laidlaw Music Centre
- Union Union
- 17 Golf Museum
- 18 St Andrews Museum
- 19 New Picture House
- 20 St Andrews Preservation Trust Museum
- 21 St Andrews Aquarium
- 22 Community Gardens

## BE NOURISHED

- 24 Rector's Café
- 25 Old Union Café
- 26 Library Café
- 27 Physics Café
- 28 Medicine Café

## BE SUPPORTED

- Student Services @ ASC
- 32 Student Services @ Eden Court
- Community Hospital
  and GP Practices Student
  Health Hub
- 34 Chaplaincy
- 35 Police Station
- **36** Careers Centre
- Students' Association
- 38 CEED



University of St Andrews

**Student Services**