Walking Football

A great way to socialise, keep fit and enjoy playing the beautiful game without the running!

Every Tuesday Morning 10:30 - 12:00 (starting 9/2/16)
Every Thursday Afternoon 13:30 - 15:00 (starting 11/2/16)

Fitness+: FREE     Concession & Non-member: £3.60     Staff non-member: £2.40

*no cost for the first 4 sessions

Sports Centre, St Leonards Road, St Andrews, KY16 9DY   T: 01334 462190

For more information contact Elliot Baker:
E: elb27@st-andrews.ac.uk   T: 01334 462189

The University of St Andrews is a charity registered in Scotland. No: SC013532
Please complete the form below and bring with you to your first session
PLEASE COMPLETE IN BLOCK CAPITALS

Name: .................................................. DOB: ....................
Address: ............................................................................
............................................................................................
Town: ..............................................................................
County: ................................................................. Postcode: ..........
Email Address: ..........................................................................
Home Tel: ................................................................. Work Tel: ....................
Mobile: ..........................................................

Medical Information
Please provide information about any underlying medical conditions you may have, or if there is any other information about you that you think we should be aware of (medication/allergies/dietary requirements etc.)

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Do you consider yourself to have a disability?    Yes ☐    No ☐

If yes, what is the nature of the impairment?

Physical ☐  Learning ☐  Hearing ☐  Visual ☐

Doctor’s Name: .................................................. Work Tel: ....................
Address: ................................................................. Postcode: ..........

Name of Emergency Contact: .................................

Emergency Contact Telephone Number: ..................

- I acknowledge that there is an inherent risk in playing sport and am confident that I understand the nature of the course which I am enrolling onto.
- I agree to the terms and conditions listed on the website (www.st-andrews.ac.uk/sport).
- I confirm that I am well, and healthy enough to participate in physical activity.
- I understand it is my own personal responsibility to consult with my doctor before undertaking regular exercise.

Signed ..........................................................    Date ...............................

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