Director of Golf
David Watt (Men’s Senior Performance Coach)
• As the Director of Golf for the University David oversees the development of the whole Saints Golf performance programme.
• David is also a Senior Instructor for the St Andrews Links Trust and is based at the St Andrews Links Golf Academy.
• David has worked as a full time coach for over 11 years and has been heavily involved in the work of bio-mechanics and 3D analysis in player development; in 2009 David was the first coach in Scotland to complete the TPI (Titleist Performance Institute) education programme and to this day continues to seek new and innovative ways to work with young golfers.
• Educated at Dundee University David has first-hand knowledge of the demands of being a student golfer having himself been the recipient of an R&A scholarship during his studies in Dundee.
• In his career David has travelled extensively for coaching and education purposes giving sound experience in the demands of competing in varying environments around the world.

Women’s Head Coach
Kevin Hale
• Kevin oversees the coaching of the Ladies programme within Saints Golf and has had great results in developing players into winners with many recent successes in both student and national tournaments, including the Scottish Ladies Amateur Champion and St Rule Trophy Champion coming from Saints Golf.
• Kevin is also a Senior Instructor for the St Andrews Links Trust and the U-16’s coach for the Scottish Golf Union.

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Golf Programme

The Vision
Saints Golf is the performance golf programme at the University of St Andrews. At Saints Golf our ambition is simple – to have the best University Golf Programme in the world – one that inspires student golfers to achieve their golfing ambitions to the highest level possible. We simultaneously gain a world-class academic degree. We aim to give our players unparalleled life and golfing experiences that make them proud to represent Saints Golf.

The Facilities
Players have full access to the St Andrews Links Academy, one of the finest practice facilities in the world.

- Players benefit from the use of an array of technology at the Academy giving them the chance to get maximum benefit from their practice and coaching, these include;
  - Trackman
  - SAM PuttLab
  - SAM BalanceLab
  - SAM TrigLab
  - SAM GlovesLab
  - SAM Video Lab
  - SAM BiomechLab
  - SAM G Force
  - SAM trunkLab
  - SAM Zephyr

- The University Sports Centre also offers excellent fitness and strength & conditioning suites.

Courses
Students at the University benefit from the special relationship with the St Andrews Links Trust by having the ability to obtain Links Tickets. These tickets give the players access to all seven courses in the town 365 days per year, the courses included are:

- Balgove (nine holes)
- Strathyreum
- Eden
- New

- In addition to these courses we regularly play and compete on a variety of the finest layouts in the surrounding area including:
  - Kingsbarns
  - Crail
  - Fairmont

- Nutrition
- Lifestyle Management

Training Camps & Foreign Travel
- The programme currently has two training camps per year, a warm weather camp in the USA during January and a summer pre-season camp in Sweden at the end of May.
- We aim to give the players golfing experiences around the world either through tournament play or relationship building supporter trips, in recent years we have travelled and competed extensively in:
  - USA (Florida, California, Texas & Colorado) – Including NCAA competition
  - South Africa
  - Sweden
  - Peru

Competition
- Saints Golf currently has 3 competitive teams playing in both the SSS and BUCS Championships against the best teams in the UK.
- Both the top male and female players at the University are involved in playing for these teams.
- Saints Golf consistently places in the top two Universities in Scotland and top four in the United Kingdom.
- We aim to give our players the chance to further their golfing education by competing abroad, recent tournaments have included an NCAA event in Colorado and a major international invitational tournament in Peru.
- Saints players are supported to play in important external amateur tournaments both in the UK and around the world, with the squad recently including the Scottish Ladies Amateur Champion and a full representative GB&I boys international player.

Coaching
- All Saints Golf players have full coaching support at the St Andrews Links Academy.
- The squads meet 3 times per week for team practice as well as having their own individual practice plans and coaching.
- We also draw on the expertise of professionals in relevant fields such as:
  - Physiotherapy
  - Sports Psychology
  - Nutrition
  - Lifestyle Management

- Players have access to the Callaway National Fitting Centre based at the St Andrews Links Golf Academy, here they can be custom fitted for new clubs or have existing clubs checked altered and throughout the year by the expert team of club fitters.
- Saints Golf benefits from an extensive Strength & Conditioning programme with players having personalised development plans and three to four supervised sessions each week by accredited trainers. By working together with 3D measurements and detailed physical screening procedures we maximise the benefits of S&C in preparing the golfer as an athlete.

Scholarships & Support
- Saints Golf receives generous support from the University and the R&A.
  - In addition we benefit from the generosity of our supporters and donors who form the 600 Club which exists to support the Saints Golf programme.
  - Players can apply for individual scholarships from the R&A, the University and also from the programme itself, which boasts only the second Arnold Palmer Scholarship in the world.

The Boyd Quaich
- The Boyd Quaich Memorial Golf Tournament is an international student invitational hosted by the University of St Andrews and held each July on the Old Course.
- First played in 1946 it remains one of the foremost fixtures on the student golfing calendar and welcomes players from around the world to compete on the most famous course in the world.