

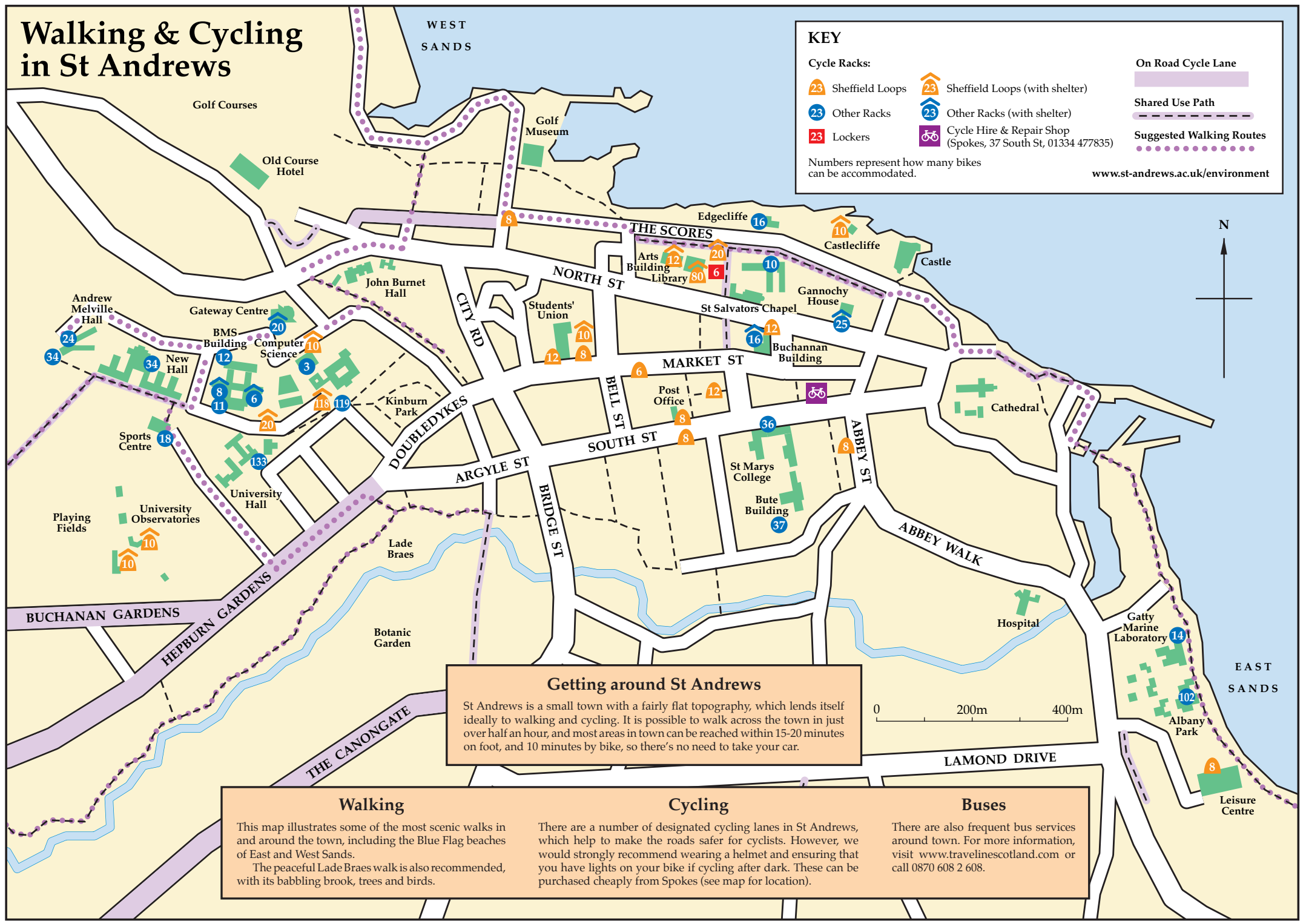
Walking & Cycling in St Andrews

KEY

23 Sheffield Loops	23 Other Racks	23 Lockers	23 Sheffield Loops (with shelter)	23 Other Racks (with shelter)	Cycle Hire & Repair Shop (Spokes, 37 South St, 01334 477835)	On Road Cycle Lane
						Shared Use Path
						Suggested Walking Routes

Numbers represent how many bikes can be accommodated.

www.st-andrews.ac.uk/environment



Getting around St Andrews

St Andrews is a small town with a fairly flat topography, which lends itself ideally to walking and cycling. It is possible to walk across the town in just over half an hour, and most areas in town can be reached within 15-20 minutes on foot, and 10 minutes by bike, so there's no need to take your car.

<p>Walking</p> <p>This map illustrates some of the most scenic walks in and around the town, including the Blue Flag beaches of East and West Sands.</p> <p>The peaceful Lade Braes walk is also recommended, with its babbling brook, trees and birds.</p>	<p>Cycling</p> <p>There are a number of designated cycling lanes in St Andrews, which help to make the roads safer for cyclists. However, we would strongly recommend wearing a helmet and ensuring that you have lights on your bike if cycling after dark. These can be purchased cheaply from Spokes (see map for location).</p>	<p>Buses</p> <p>There are also frequent bus services around town. For more information, visit www.travelinescotland.com or call 0870 608 2 608.</p>
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