Course Programme:

- Coping with Change
- Adult Education
- Energy Efficiency
- Keeping Healthy
- Volunteering
- Legal Matters
- Savings & Investments

You've earned it – so enjoy it.

Don't try to escape retirement.

For further information about Age Scotland visit www.age-scotland.org.uk

TEL: 01322 665765
EMAIL: info@age-scotland.org.uk
Mitchell Street Centre, Mitchell Street, Dundee, DD2 2LU
Age Scotland Pre-Retirement Training (Dundee team)

TEL: 0141 332 4427
EMAIL: info@age-scotland.org.uk
260 Bath Street, Glasgow, G2 4RP
Age Scotland Pre-Retirement Training (Glasgow team)

For further information contact:

To your Personnel or Human Resources Department before booking.

Booking can be made online at www.scotcare.org or you can contact the teams

How to Book
Navigating Retirement

Your guide to

EDINBURGH

Premier Inn, 1 Morrison Link, Edinburgh, EH3 8DN

Wednesday 14th December 2014

Two-day courses cost £590 + VAT. One-day in-house courses cost £315 + VAT.

DUNDEE

Mitchell Street Centre, Mitchell Street, Dundee, DD2 2LL

Wednesday 8th October 2014

Two-day courses cost £590 + VAT. One-day in-house courses cost £315 + VAT.

GLASGOW

Course Dates

Nourish Hotel, 18 Pitt Street, Glasgow, G2 4DL

Wednesday 3rd December 2014

Thursday 28th September 2014

One-day courses cost £195 + VAT. Two-day courses cost £390 + VAT.

THE COURSES

- Coping with change
- Opportunities in adult education
- Energy efficiency
- Keeping healthy in retirement
- Volunteering
- Legal matters
- Social issues

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