

University of St Andrews



Department of Sport and Exercise

Golf Bursary Programme

The University of St Andrews has developed a dynamic Golf Bursary Programme over the past 20 years, which offers student athletes a range of coaching, training and support opportunities, allowing them to excel in their sporting achievements. Sport at St Andrews fosters a healthy relationship between athlete and student. The results are undeniable: our athletes graduate with a world class education and national and international sporting success.



R&A

WORKING FOR GOLF



Gordon Stevenson, Mike Gray, Cammy Gray, Will Wrisdale, Mikael de Picciotto & Cole Sedgewick, Smurfit Cup Winning Team at the K Club

Golf at St Andrews

The history of golf is inextricably tied to the ancient city of St Andrews. Golf has been played on the Links at St Andrews since around 1400AD and the Old Course is renowned throughout the world as the 'Home of Golf'. There is no better place for an aspiring young golfer to study than St Andrews.



The Links Courses

There are six 18-hole courses and one nine-hole course. This gives 117 holes in all, making St. Andrews Links the largest golfing complex in Europe, supporting around 200,000 rounds annually. There are also a number of other courses nearby - Kingsbarns, St. Andrews Bay, Ladybank, Crail, Elie, Downfield, Lundin Links, Carnoustie and many more to test your golfing ability.

Links Practice Centre

There is a comprehensive facility for practicing driving, iron play, pitching, putting and bunker play which is open seven days a week from 8 a.m. to 8 p.m.

The range has over 60 bays (26 of them covered) and a landing zone which is 400 yards long, and there is a specialist teaching and swing analysis centre as part of the complex with state of the art technology.

Financial Support

The University of St Andrews receives an annual grant from the R & A to assist in the education and development of young amateur players during their course of study.

There is funding available to individuals for approved expenses as part of an agreed competitive programme.

Examples of where funding might be available are tuition, green fees, competition entrance fees, accommodation,

travel and subsistence in connection with golf, golf clothing and golf equipment.

Eligibility & Duration

All undergraduate and postgraduate full-time students at St Andrews are eligible to apply.

The handicap limit set by the R&A is 4.0 for men and 7.0 for women.

However, at St Andrews the standard of golf is exceptionally high, so it is unusual to award a Bursary to a male student with a handicap greater than 2.

Golf Bursaries are offered on an annual basis (with possibility of an extension).



Gordon Stevenson,
winner of the Boyd
Quaich
Tournament

*Pictured with Dr.
Louise Richardson,
Principal,
University of St
Andrews*



Individual Scholarships

Individual Scholarships (R & A)

Students who have been identified by their national governing body and offered a place in a training squad, or who hold a handicap of +1 or better for men, 3 or better for women, may apply for a personal grant. Application forms are available from the Director of Golf Development at the R&A, and on the R&A website at www.RandA.org

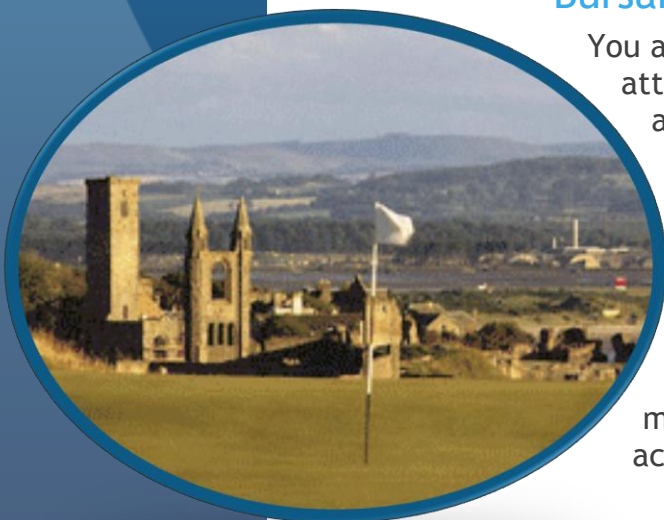
Individual Scholarship (University of St Andrews)

Students who are at National Squad level, EIS / SIS, plus those showing outstanding potential and have reached Regional Squad, British or Scottish Universities standard are eligible to apply for an individual Saints Scholarship from the University of St Andrews. Further information and application forms can be found at www.st-andrews/sport.ac.uk

Bursar Responsibilities and Representation

You are required to sign a 'Code of Commitment', attend a golfing programme throughout the academic year, spend time practising your golf, and fulfill an agreed competitive programme over the summer.

There is also a requirement to represent the University Golf Club if selected. You are expected to display the highest ethical standards at all times. In addition, you must maintain an acceptable standard in your academic work.



The Programme

A series of squad training days and theoretical sessions are organised by the Department of Sport and Exercise to encourage holistic athlete development. A typical programme would include:

- Access to the St Andrews Links Golf Academy at discounted rates, one of the best Golf Academies in Europe
- Technical coaching with PGA professionals, led by the Director of Instruction
- Golf psychology including match preparation, confidence building, concentration techniques, goal setting and on-course coping strategies from nationally accredited sports psychologists
- A programme of seminars and practical workshops to assist in the training and lifestyle management of a performance athlete. Seminars address various aspects of golf, including course management, scoring, planning a season, diet and nutrition
- Physiotherapy support including a Functional Movement Screen
- Biodynamic Assessments (driving, chipping and putting)
- Regular strength & conditioning and monitoring, including the development of a periodised training plan tailored to individual needs
- International Competition and programme planning
- Mentoring support
- Academic flexibility where appropriate
- Warm weather and pre-season training camps
- Golf Statistics Programme for each individual player
- Free Sports Centre membership and access to strength & conditioning facilities free of charge

PGA Instructors

Steve North:
Bursary and
Men's Golf Club Coach
(Director of Golf, University of St Andrews)

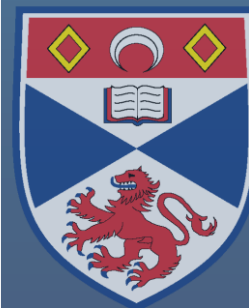
After becoming one of the youngest golf professionals to complete the rigorous David Leadbetter training, Steve went on to conduct golf clinics all over Asia for some of the world's leading corporations. Steve is ranked in the top 25 coaches in the UK (Golf Monthly) and works with *golfers* at all levels of the game including successful tournament professionals, national champions through to beginners.

Kevin Hale:
Women's Golf
Club Coach

Recognised for his vast knowledge in the game and coaching expertise, Kevin has enabled international players to improve their performance and competitiveness. Kevin's extensive and well rounded background includes working with beginner golfers, helping them to realise their full potential, and overseeing innovative corporate clinics.



St Andrews Links
Golf Academy





Focus Clubs

Both the Men's and Women's University Golf Clubs are 'Focus Clubs', which means that they receive additional resources (financial or otherwise) from the Athletic Union and DSE to promote golf performance and participation as well as developing outreach projects with the local Community. All Bursars will benefit from these additional opportunities.

Application Procedure

New students

You are encouraged to apply as soon as possible after you have a confirmed place at St Andrews. Applications for 2011-12 should be received by **Monday 30th May 2011** at which time a shortlist will be drawn up.

There will be a week-long selection starting from **Sunday 11th September (Pre-Season Training)**. The selection Committee will also hold interviews and these will take place during the week starting **Monday 26th September 2011**

If you would like further information contact the Performance Sport Manager (details below).

Continuing students

A separate application is required each year and should be accompanied with a review of the season to date (SUS, BUCS etc), plus an outline of your forthcoming summer competition schedule. Applications for the 2011-12 Bursary programme should be received by **Friday 6th May 2011**

Current bursars applying for continued support will have a formal review of progress with the Director of Golf and the Performance Sport Manager before the end of semester two. New golfers applying to the programme will be invited to attend a formal interview before the end of semester two if shortlisted after the application stage.



Application forms and further information are available at www.st-andrews.ac.uk/sport. To contact the Performance Sport Manager, Debby Sargent:
Email: dls4@st-andrews.ac.uk
Phone: 01334 462 190



University
of
St Andrews

Golf Bursary

Application Form



Please complete both pages in CAPITAL LETTERS using a Blue or Black pen.

Personal Details

Surname: _____

Forenames: _____

Sex (M/F): _____

Country of Residence: _____

Date of Birth: _____

Nationality: _____

Home Address: _____

Telephone Number: _____

UK Mobile Number: _____

E-mail Address: _____

_____ @ _____

Term Address: _____

(if known) _____

Telephone Number: _____

Golfing Achievements

Exact Golf Handicap: _____

(enclose current certificate)

Home Club: _____

Please submit an additional sheet outlining your *Golfing Achievements*

The results of the last competitive season should be appended, in relation both to the progression of your handicap, results obtained, tournament results, team representation etc.

Academic Achievements

New Undergraduates: SCE Higher or Other Examinations

Subject

Date

Result



University of St Andrews

Golf Bursary Application Form



Academic Achievements (cntd)

Continuing Students and Postgraduates

University Year you are about to enter (circle appropriate year):

Undergraduate 2 3 4
Postgraduate 1 2 3 Other: _____

University Academic Record (use extra page if necessary)

Year	Module	Bin Mark
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

References

Names, addresses of two persons to whom reference may be made as to 1) your academic ability and 2) your golfing ability:

1. _____

2. _____

I certify that the information provided on this application form and in any enclosures is complete and correct.

SIGNATURE: _____ DATE: _____

You may wish to enclose a covering letter giving more details of your golfing achievements and ambitions.

Completed forms should be received by
6th May (continuing students) or 30th May (new students), 2011

Golf Bursaries Administrator, Department of Sport and Exercise,
University of St Andrews, St Leonards Road, ST ANDREWS, Fife. KY16 9DY